



Head Teacher:

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INGLEBY MILL PRIMARY SCHOOL HEALTH AND FITNESS WEEK 25th JUNE - 29th JUNE 2018

Dear Parent/Carer,

This is a themed week for the whole school in which the children will have lots of opportunities to be active and learn about healthy eating. Each class will be trying out new sporting activities, learning about national and international sporting heroes and finding out how to maintain a healthy lifestyle. Football will be a central feature because of the World Cup.

It will include the Sports Days as set out below.

Years 3, 4, 5 + 6 - Monday 25th June

Reception, Years 1 and 2-Thursday 28th June

The events will all start at 1.30 p.m.

All the activities will be taking place on the various playgrounds and field. We would like to invite you to come along and support your child on the appropriate day(s). We post regular updates on our Twitter page if there are any changes regarding the weather conditions.

The children need to wear PE kits and trainers. (Please ensure that children have a PE kit in school all week)

If your child can wear a T-shirt of their colour team that would be helpful too. (Your child will be told their team colour) If your child is in Yellow Group they can choose to wear a yellow OR a white T-shirt as bugs are sometimes attracted to the bright yellow!

Caps, and sun-cream applied, are advisable if hot.

During the week there will be a variety of events taking place. All the children will get to do a selection of the events below.

- Year group competitions.
- Trying out different sports
- Football activities and challenges
- Quiz
- Healthy eating and lifestyles
-and many more!!!

ON FRIDAY 29TH JUNE IT IS A NON-UNIFORM DAY FOR CHILDREN TO WEAR FOOTBALL OR SPORTY CLOTHES (no charge or donation required)

At the end of the week we are having our "Stay and Play Event" from 3.15pm until 4.45pm. A letter was previously sent out about this event. No booking was needed we would just love you to stay for a while after school and join in the fun with your children. Just a reminder that all children must be accompanied and are the responsibility of their parent or carer from the time they are dismissed from class.

We look forward to seeing you at Sports' Days and at the Stay and Play Event.

Mrs. F. Smith

Mrs. R. Hamblett

