



Head Teacher:

Mrs Beth Atkinson
BA (hons) PGCE NPQH

Windmill Way, Ingleby Barwick
Stockton on Tees, TS17 0LW

Tel: 01642 761985
Fax: 01642 750192

Email:
inglebymill.school@stockton.gov.uk
Website:
www.inglebymill.org.uk



HEALTH AND FITNESS WEEK 26th JUNE - 30th JUNE 2017

Dear Parent/Carer,

Next week will be a themed week for the whole school in which the children will have lots of opportunities to be active and learn about healthy eating. Each class will be trying out new sporting activities, learning about national and international sporting heroes and finding out how to maintain a healthy lifestyle.

It will include the Sports Days as set out below.

Years 3, 4, 5 and 6 - Monday 26th June Reception, Years 1 and 2 - Thursday 29th June

The events will all start at 1.30 p.m. **We have been asked by the Fox Covert to advise you not to park in the pub's car park.**

All the activities will be taking place on the various playgrounds and field. We would like you to come along and support your child on the appropriate day(s). If the weather is unsuitable we may be able to rearrange it for another day but we would keep you informed. We post regular updates on our Twitter and Facebook page.

The children need to wear PE kits and trainers. (Please ensure that children have a PE kit in school all week).

If your child can wear a T-shirt of their colour team that would be helpful too. Your child will be told their team colour by their class teacher. If your child is in Yellow Group they can choose to wear a yellow OR a white T-shirt as bugs are sometimes attracted to the bright yellow!

Caps, and sun-cream applied, are advisable if hot.

During the week there will be a variety of events taking place. All the children will get to do a selection of the events below.

- Year group competitions.
- Running (long distance!)
- Trying out different sports
- Bicycle challenge
- Quiz
- Healthy eating and lifestyles
- Tagtiv8
-and many more!!!

Many thanks and we look forward to seeing you at the Sports' Days.

Mrs. F. Smith
Mrs. R. Hamblett

