



Head Teacher:
Mrs Beth Atkinson
BA (hons) PGCE NPQH

Windmill Way, Ingleby Barwick
Stockton on Tees, TS17 0LW

Tel: 01642 761985
Fax: 01642 750192

Email:
office@inglebymill.org.uk
Website:
www.inglebymill.org.uk

Dear Parent/Carers,

Parkrun

Many of you may be aware of Parkrun, which takes place all over the world. Well now there is a new junior parkrun that has started in **Albert Park in Middlesbrough at 9.00 am every Sunday** for children aged from 4-14 years old.

The race is 2KM long, children can run, walk, skip by themselves or with their parents. The emphasis is on the children having fun, enjoying being outdoors and challenging themselves with exercise. The run is usually finished by half past nine and then onto the café for a well-deserved slice of cake!

This is a free event. To get a time, you just need to register beforehand (Parkrun officials can also help with that on the day) and you only need to register once. If the children are already Parkrun registered from another event, they don't have to re-register.

The meeting place is at the fountain in the centre of Albert Park at about a quarter to nine (you'll see the Parkrun Marshalls there beforehand).

There is a Facebook group for it as well.

Here is the registration link.

<https://support.parkrun.com/hc/en-us/articles/205595392-How-do-I-register->

Any further queries please email Mrs Hamblett

imrhamblett@inglebymill.co.uk

Thank you.

R. Hamblett

