



Head Teacher:

Janis Williams

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NPQH

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Friday 22<sup>nd</sup> November 2024

Dear Parent/Carer

We are welcoming Pantosaurus to Ingleby Mill Primary during Hartlepool and Stockton Talk PANTS week on Friday 29<sup>th</sup> November 2024.

Through play, stories and activities, we will be sharing important safety skills without giving explicit information or telling scary stories. We will be starting to teach children the NSPCC's, Talk PANTS rules using the 'PANTS' acrostic, which is like a green cross code for helping children to keep safe from sexual abuse. PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- "Appropriate" and "inappropriate" touch
- Your child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body
- Who your child can turn to if they ever feel upset or worried

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at [nspcc.org.uk/underwearrule](https://nspcc.org.uk/underwearrule)

On the day of our visit from the Pantosaurus, there will also be a parents/carers workshop in school that explain Talk PANTS, allow you to ask and questions you may have, and support you for 'Talking PANTS' at home. The parent session will take place in the large hall from 2:30pm to 3:00pm so we are finished in good time for school pick up. If you are interested in attending, can you please email school to let us know.

If you cannot attend the workshops, we have been provided with details of a webinar which can be accessed via the link:

[https://youtu.be/MBq4t8P-\\_XM?si=dm4YqgNJwPG6p1lB](https://youtu.be/MBq4t8P-_XM?si=dm4YqgNJwPG6p1lB)

If you have any questions or concerns, please don't hesitate to get in touch.

Your Sincerely

Janis Williams  
Head Teacher

